

Primidone 125mg

1/4 Tab	QHS	x 1 week then		
1/4 Tab	BID	x 1 week then		
1/4 Tab	TID	x 1 week then		
1/2 Tab	QHS	& 1/4 TAB	Qam & noon	x 1 week then
1/2 Tab	QHS & Qam	& 1/4 TAB	Qnoon	x 1 week then
1/2 Tab	TID	x 1 week then		
1 TAB	QHS	& 1/2 TAB	Qam & noon	x 1 week then
1 TAB	QHS & Qam	& 1/2 TAB	noon x 1 week then	
1 TAB	TID			

for essential tremor

if no side effects and not sufficient response, can increase to 250mg PO TID increasing by ¼ tablets by week

essential tremor is difficult to treat and for most, a good response constitutes a 50% reduction in tremor

should only treat if tremor is impairing function so titrate to this functional outcome

